

Esprit de Corps Toastmasters in cooperation with Dalibor Kubala and Jochen Wildling
Are delighted to offer Spring Training Workshop

“ELEVATE YOUR SPEAKING SKILLS INTO NEW HORIZONS”

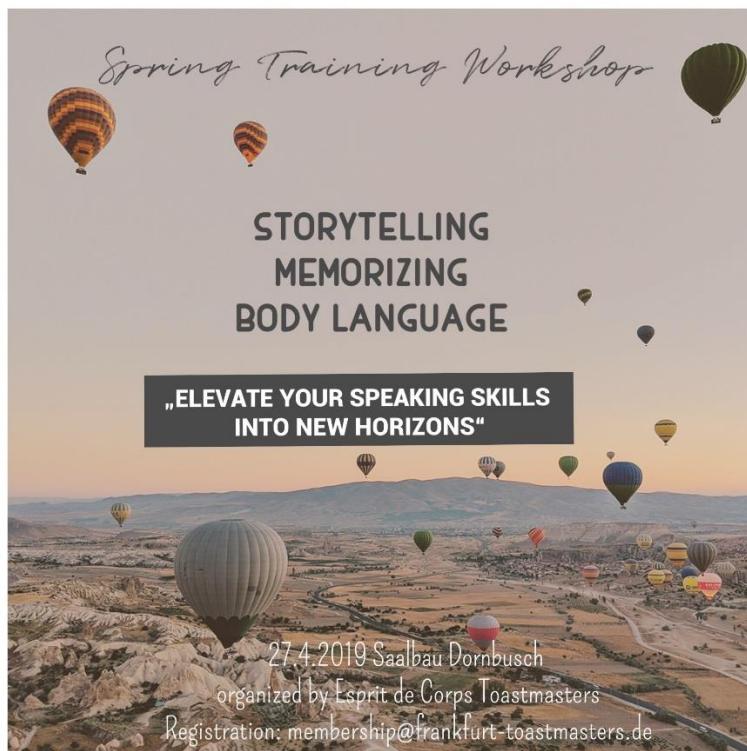
Date: April 27th, 2019

Sessions time: 10:00 – 14:00

Location: Saalbau Dornbusch

Registration Fee: EUR 20, small snacks and drinks included.

Please register in advance: membership@frankfurt-toastmasters.de, or 0152-54019589.



What you will learn? Understanding and developing your speaker`s role

Q: Which aspects are playing important role when you are starting or developing your public speaking skills?

A: Your motivation, courage, engagement and..., definitely self-esteem!

Q: How to feel more comfortable on the stage and obtain a positive interaction with your audience?

A: Your body language and your story is only the first step. What about your eye contact!

Q: How can I remember my whole speech and be able to keep eye contact with the audience?

A: Think about memory training. Hopefully it can help you. Additionally, try to learn more about improvisation, storytelling and another professional tips and tricks!

That are our key questions to be solved. It is all about you. What do you feel on the stage and how to feel more comfortable by reducing stress level? See the workshop description on the next side.



27.4.2019 SAALBAU DORNBUSCH, ORGANIZED BY ESPRIT DE CORPS TOASTMASTERS

About the workshop:

The workshop aims to help you to feel more comfortable on the stage. That means in short to gain more self-confidence and understand your stage performance better. When I started to present my speeches, I was terrible speaker, focused fully to the content and almost without eye contact. I was struggling to find the correct words and have a good connection with the audience.

What has changed?

I get experienced by visiting several workshops and was practicing public speaking as much as possible. I enjoyed the change when I saw that I can obtain a lot of satisfaction from my audience and get truly motivated when I am keeping a good eye contact. The interaction with audience encourages me, so I do not need to concentrate myself for correct wording anymore. The perfect words are coming immediately to my mind and I am feeling welcome like to be in the right time and in the right place.

That is the “know-how” which I would like to share with you.

I would like to encourage new members of our club and give them universal “starter kit for public speaking”. More advanced speakers could learn more about professional storytelling and memory training and have fun by enjoying a team building activity.

About the trainer

Dalibor Kubala is professional event manager, writer and personal trainer. Enjoys giving motivational speeches and organizing events. Always optimistic and excited to learn something new.